



## Route 55 Newsletter | July 2024

Orchard Friends,

The lazy, hazy days of summer are here, but we're not lolling around! We've got walking, hiking, and dining planned as well as a day trip to Dubuque that includes lunch, entertainment, a four-hour cruise on the Mississippi River. What fun!

In addition, we're making plans for our annual Route 55 Birthday Bash, which will actually be a SPLASH this year as we will be celebrating with an 'under-the-sea' theme. We hope you'll save 5pm, Thursday, August 15<sup>th</sup> for us and join in the fun!

Grace and Peace,

*Kim Manning*

### FEATURED STORY

Linda Gogel has been gifted with a kind heart and abundant creativity! She uses these gifts to craft dresses and other useful items from new and used pillowcases. These clever creations are collected by Pastor Beatrice Mansfield in Cedar Falls and shipped to Libera.

As we've shared previously, Kay Clements gathers pillowcases and a variety of used items, directing them to various organizations for distribution.

The dresses pictured here are especially significant since Kay's mother actually embroidered the doll and gown featured on this little dress. Can't you just see the smile on some lucky little girl's face when she receives this!? God bless you, ladies!

If you have pillowcases you'd like to donate for this ministry, please feel free to drop them in the boxes labeled Kay Clements Reclamation Ministry located outside of the Route 55/Connect & Care office. Thank you!



## RECENT EVENTS



*Route 55 hikers visited Pine Lake (upper left), and LJ's Neighborhood Bar & Grill for Lunch Bunch and Men's Monthly Lunch (upper right). During a recent Food, Fellowship & Fascinations program, Kathrine Krukow and Annika Wall from Cedar Valley Hospice provided information about choosing where and when to enroll in hospice services should the need arise (lower left and right). This program was also offered via Zoom and recorded so is available to view upon request.*

## FEATURED EVENTS

### MIKE'S DINER

**Ladies' Lunch Bunch & Men's Monthly Lunch**  
**Wednesday, July 10, 11:30am**  
Mike's Diner  
3280 University Avenue, Waterloo  
(former Perkins location)

Join us for lunch at a local restaurant on the second Wednesday of each month. Please reserve your place by signing up in the Route 55 binder, or email [kmanning@orchardhillchurch.org](mailto:kmanning@orchardhillchurch.org), or call 319-231-1619. This will allow us to report an accurate number so the restaurant can prepare for us.





## Route 55 Hiking Club

You don't have to be a mountain-climber or Olympian to participate. All are truly welcome and no one is ever left behind. All of our remaining excursions are full day trips so bring sunscreen, a hat, water bottle and a sack lunch. We'll meet in the OHC parking lot near Door 2 and generally try to be back by 4pm. Please bring \$5 to help with gas and money for a treat on the way home – usually ice cream!

**Please contact Deb Mc Calley at 515-707-5939 or [dmccalley58@gmail.com](mailto:dmccalley58@gmail.com) to let us know you are coming.** You can also sign up in the Route 55 binder.

Here is what we have planned for the rest of the summer:

**Thursday, July 11, 9am**

### Cedar Bend County Park

777 Cedar Glyn Dr., Waverly

We'll hike a while, break for lunch, and then hike a little more. Our ice cream stop will be 4 Queens in Waverly.

**Thursday, August 8, 9am**

### Wapsi River Nature Trail

4729 Horseshoe Falls Drive, Central City (1 hour)

**Thursday, September 12, 9am**

### Rock Run Creek

101 E Rocksylvania Ave, Iowa Falls (1 hour)

**Thursday, October 10, 8am – this date is tentative, depending on when the leaves are in full color**

### Pike's Peak State Park

32264 Pikes Peak Road, McGregor (2 hours)

We hope to enjoy the colors of autumn, so depending on when peak leaf-looking time unfolds, this date may change.



## Route 55 Birthday Splash!

**Thursday, August 15, 5pm**

OHC Commons

Celebrating ALL Route 55 birthdays, this annual event will include music, food, fellowship and undersea games, so bring your fishy friends and prepare for fun! Let us know you are coming by signing up in the binder or contacting Kim Manning.

## OTHER ONGOING ACTIVITIES and OPPORTUNITIES

### WEEKLY

#### Wednesday Walks

**Weekly on Wednesdays, 9:30am**

Pfeiffer Park

Get outside with friends and walk the trails. This friendly group makes an hour of exercise go by almost without notice! All abilities are welcome and no one is ever left behind. To learn more, contact Jean Gedlinske, [gedlinskejean@gmail.com](mailto:gedlinskejean@gmail.com), 319-486-1340.

#### Quilting Ministry

**Weekly on Thursdays, 9am-11am**

Orchard Hill Church Room 111

Contact Barb Fluent, [bs.fluent@cfu.net](mailto:bs.fluent@cfu.net), 319-240-9066.

## **Zoom Social Hour**

**Weekly on Thursdays, 11am-Noon**

Virtual

Contact Sarah Hess for a link at shess@orchardhillchurch.org, 319-596-6223.

## **Waverly Friday Men's Group**

**Weekly on Fridays, 6:30am to 8:30am**

*Meeting Room, Waverly Campus*

All men are invited any time from 6:30am to 8:30am on Friday mornings for coffee donuts and conversation. No registration required. Contact Travis Duncan, travistoyes@gmail.com with questions.

## **SEMIMONTHLY**

**Grundy County Route 55 Woman's Coffee Crew**

**Wednesdays, July 9 and 23, 9:30am**

*OHC Grundy Lobby*

All women are invited for coffee and conversation. Bring your own snack and drink and enjoy a casual time of belonging in community and friendship that generally lasts for 1 ½ hours. Come when you can and leave when you must. Contact JoAnn McKinnon, jcmck65@gmail.com or 515-971-2698.

## **Waverly Sunday Men's Group**

**Sundays, July 21 and ?, 6:30pm**

*Worship Center, Waverly Campus*

This group will meet twice a month in the Worship Center. Contact Spencer for additional information at ssgann930@gmail.com.

## **MONTHLY**

**Bring a Meal to the Try Pie Team**

**Wednesday, July 3, 4:45pm**

Sign up to serve in our community by providing a meal to the Try Pie team on the first Wednesday of the month during their classroom time. Contact Molly Juza at mjuza@orchardhillchurch.org or 319-266-9796 or sign up at OrchardCentral.info.

## **Waverly Mobile Food Pantry**

**Tuesday, July 9, 4:30pm**

*Waverly Civic Center, 200 1<sup>st</sup> St. NE, Waverly*

Volunteers from area churches help the Northeast Iowa Food Bank by unloading the truck, arranging the food, assisting with distribution, carrying bags and boxes to vehicles and cleaning up. Sign up at [tinyurl.com/waverlyfoodpantry](http://tinyurl.com/waverlyfoodpantry).

## **Grundy County Mobile Food Pantry**

**Tuesday, July 16, 4:15pm**

*Grundy Center Community Center, 705 F Avenue, Grundy Center*

Volunteers from area churches help the Northeast Iowa Food Bank by unloading the truck, arranging the food, assisting with distribution, carrying bags and boxes to vehicles and cleaning up. Contact Diane Adair at [diane.jean51@gmail.com](mailto:diane.jean51@gmail.com).

## **Habitat for Humanity Build**

**Saturday, July 20, 8:30am-3:30pm, Half-day shifts are available as well**

*Waterloo*

OHC hosts a Habitat build every third Saturday. Volunteers work alongside a Habitat employee and need absolutely no previous experience. Sign up at OrchardCentral.info.

See Orchard Central for additional news and events.